

**Peyronie's Oral Treatment Comparison**

	Carnitine	Colchicine	L-Arginine	Pentoxifylline	Potaba	Tamoxifen	Vitamin E
<b>How</b>	Oral 1 gram twice a day For 3 months	Oral 2.4 mg per day from week 2 Up to max 3 months	Oral 1 gram Twice daily	Oral 400 mg 3 times a day	Oral 12 grams 6 tablets 4 times a day	Oral 20 mg twice a day Recomm. for 3 months only	Oral 400 IU daily
<b>OTC / Prescription</b>	OTC	Prescription	Prescription	Prescription	Prescription	Prescription	OTC
<b>Pros (Benefits)</b>	Low cost (3 mths only) Mild side effects OTC	Low cost (3 mths only) Available as generic	Low cost Mild side effects	Mild side effects Available as generic		Low cost (3 mths only) Available as generic 3 months treatment only	Low cost Mild side effects OTC
<b>Cons (Downside)</b>	Can affect other medication	Can affect other medication Notable side effects	Can affect other medication including Viagra	Can affect other medication including Ibuprofen	Expensive Can affect other medication Frequent dosage	Possible health risk Can affect other medication	
<b>Side Effects</b>	Mild	Notable	Mild	Mild	Can be badly tolerated	Notable / serious	Mild
<b>Health Risk</b>	Men with some illnesses must take extra care	Overdosing can be serious, never take for longer than 3 months	Men with some illnesses must take extra care	Men with some illnesses must take extra care	Men with some illnesses must show extra care	Some serious health risk involved, overall warning for usage	High doses can cause toxicity
<b>Possible Result</b>	Shown some inconsistent result in the early phase	Inconclusive evidence for efficacy, may be better result in early PD phase	May help with erectile dysfunction	Some indication that may reduce calcification of and improve penis curvature	May help stabilize the disease and reduce plaque	Inconclusive evidence for efficacy, may be better result in early phase	Not been shown to improve any symptoms of Peyronie's
<b>Scientific Support</b>	Some - show conflicting conclusions	Some - but conclusions conflicting	Clinical trials have shown evidence of effect on PD but some on erection quality	Some - modest but statistically significant improvement	Study confirms that may work on part of Peyronie's symptoms	Some - but do not show convincing evidence for effectiveness for PD	No convincing evidence that works on any Peyronie's symptoms
<b>Personal Opinion</b>	Would consider using it but with other treatment options	Would consider other oral treatment option first	Would only consider it if dealing with ED or low quality erection	Would consider using it most likely with some other treatment option	Expensive and only works on part of the problem but might consider it with other option	I would not use it, can't see the benefits outweighing the possible health risk	Many take it on "what can it hurt" basis but seems pointless / waste of money
<b>Cost</b>	A	B	B	C	E	B	A
<b>More Info</b>	<a href="#">My Peyronie's - Carnitine</a>	<a href="#">My Peyronie's - Colchicine</a>	<a href="#">My Peyronie's - L-Arginine</a>	<a href="#">My Peyronie's - Pentoxifylline</a>	<a href="#">My Peyronie's - Potaba</a>	<a href="#">My Peyronie's - Tamoxifen</a>	<a href="#">My Peyronie's - Vitamin E</a>

# Peyronie's Injection Treatments

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	Corticosteroids	Interferon Alpha	Verapamil	Xiaflex
<b>How</b>	Treatments can vary but regular injections	Injections once every 2 weeks for up to 6 months	Injections once every 2 weeks for up to 6 months	Up to 8 injections (4 treatment cycles)
<b>Administered By</b>	Doctor	Doctor	Doctor	Doctor
<b>Pros (Benefits)</b>	Delivers medication directly to the plaque	Delivers medication directly to the plaque	Delivers medication directly to the plaque	Delivers medication directly to the plaque
<b>Cons (Downside)</b>	Expensive Regular "intimate" treatment	Expensive Regular "intimate" treatment	Expensive Regular "intimate" treatment	Expensive Regular "intimate" treatment
<b>Side Effects</b>	Notable	Mild	Mild	Mild
<b>Health Risk</b>	Possible risk to health if taken in high doses and / or over prolonged period	Can interact with some other drugs	Men with some illnesses must take extra care	Few cases in clinical studies experienced penile fracture / rupture and hematoma
<b>Possible Result</b>	No convincing evidence of effectiveness, may work on plaque in the early phase of PD	Seems to work well on plaque size Also seems to reduce penis pain and penile curvature	May help reduce curvature, improve erectile function and soften plaques	Clinical studies showed 30.5% – 37.6% mean reduction in penis curvature
<b>Scientific Support</b>	Studies showing positive results available but studies of relatively "low quality"	Studies show positive result but study quality varies, at least one level 1 positive study available	Indicate promising result though some question mark about the quality of some studies	See above Enough to get Xiaflex FDA approval as Peyronie's treatment
<b>Personal Opinion</b>	Don't see this as interesting option, due to side effects, lack of scientific support and high price	If considering injection treatment would seek further advice about Interferon and Verapamil	Not sure, the high cost and some patient reports off putting but potential result alluring	Would explore with my doctor But currently concerned about the high cost
<b>Cost</b>	E	E	E	E
<b>More Information</b>	<a href="#">My Peyronie's - Corticosteroids</a>	<a href="#">My Peyronie's - Interferon Alpha</a>	<a href="#">My Peyronie's - Verapamil</a>	<a href="#">My Peyronie's - Xiaflex</a>

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# Peyronie's Medical Devices

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## Penis Traction Device

## Penis Vacuum Pump

## Vacuum Protector System

<b>How</b>	Mild penis traction throughout the day 2 hours sessions with min. 20 minutes break in between, up to 8 - 9 hours daily	Use twice a day, appr. 10 minutes each session. Apply vacuum, maintain for 3 min. Release and repeat	Wear daily for minimum 6-8 hours up to maximum 12 hours for minimum 6 months
<b>Administered By</b>	The Patient	The Patient	The Patient
<b>Pros (Benefits)</b>	Non-invasive, safe and inexpensive High patient satisfaction and sustainable improvements in curvature, length, girth	Non-invasive, easy to use, convenient Inexpensive and moderate satisfaction Real alternative for men with ED	Non-invasive, safe and inexpensive. Can be used while sleeping. High patient satisfaction Result sustainable if used more than 6 months
<b>Cons (Downside)</b>	The time and commitment required The more you use the device, the better result you can expect	The commitment required May not suit all men with PD	The time and commitment required The more you use the device, the better result you can expect
<b>Side Effects</b>	Generally well tolerated Possible itching, sore penis head if wearing the device for too long	Penis bruising, skin breakdown, penile pain, less forceful ejaculations and temporary penile numbness	Generally well tolerated
<b>Health Risk</b>	Classified as non-invasive low risk medical device	May aggravate Peyronie's condition in some men so those with severe curvature might want to avoid VED	Classified as non-invasive low risk medical device
<b>Possible Result</b>	Shown some improvement in curvature and indentation deformity, as well as in penis length and girth	Shown some benefits in improving curvature and increase length Moderate patient satisfaction	Works on length, girth and erection quality May work on curvature High patient satisfaction
<b>Scientific Support</b>	Recently been used to treat PD but initial indications favorable but more research needed	Recently been used to treat PD but initial indications favorable but more research needed	Studies show effective as penis enhancement May suit Peyronie's patients (indications) but further studies required
<b>Personal Opinion</b>	I used penis extender successfully for my Peyronie's and would definitely do so again	May be interesting treatment option for men with mild/moderate curvature and low erection quality or suffer from ED	Good additional option for men that want to stretch. Can be used while sleeping, plus improve erection quality
<b>Cost</b>	B	B	B
<b>More Information</b>	<a href="http://www.MyPeyronies.com - Penis Traction Device">MyPeyronies.com - Penis Traction Device</a>	<a href="http://www.MyPeyronies.com - Penis Vacuum Pump">MyPeyronies.com - Penis Vacuum Pump</a>	<a href="http://www.MyPeyronies.com - Vacuum Protector System">MyPeyronies.com - Vacuum Protector System</a>

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## Other Non-Surgical Peyronie's Treatments

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	Electroshock Wave Therapy	Iontophoresis	Topical Verapamil
<b>How</b>	High pressure, low frequency sound waves applied on the injured area, the Peyronie's plaque	Mild electric current used to drive medication deep into the Peyronie's plaque	Applied to the penis (externally) twice a day with 12 hours apart
<b>Administered By</b>	Doctor	Doctor / Patient	Patient (but need Doctor's prescription)
<b>Pros (Benefits)</b>	Non-invasive and safe procedure Low complication rate Mild side effects	Non-invasive and safe procedure Low complication rate Mild side effects	Non-invasive and safe procedure Low complication rate Mild side effects
<b>Cons (Downside)</b>	Shown to have limited result	None to the Iontophoresis technique	Limited result and relatively expensive non-surgical treatment option
<b>Side Effects</b>	Rare and minor but can include skin bruising, redness, tingling and aching	Mild, can include temporary skin redness where the electrodes are applied	Rare but most common side effects include varying degrees of skin irritation
<b>Health Risk</b>	Safe procedure with low complication rate	Safe technique but the drugs used may have some side effects or interact with other medication	Safe procedure with low complication rate but can interfere with other medication
<b>Possible Result</b>	Not been shown to be effective treatment for Peyronie's disease	Some men reported positive results but the benefits shown to be inconsistent	Not been shown to be effective treatment for Peyronie's disease. More negative than positive patient feedback
<b>Scientific Support</b>	Studies confirm that uncertainties exists regarding the efficacy as Peyronie's treatment	Insufficient evidence to support the use of Iontophoresis for the treatment of Peyronie's patients	Studies conflicting but most Peyronie's specialist seem not to support this as effective treatment option
<b>Personal Opinion</b>	Due to limited result would try other non-surgical Peyronie's treatments first	Would discuss with my doctor as part of discussions about using the drug Verapamil for my Peyronie's	Due to limited result would rather try other non-surgical Peyronie's treatments first
<b>Cost</b>	E	N/A	E
<b>More Information</b>	<a href="#">MyPeyronie's - Electroshock Wave Therapy</a>	<a href="#">MyPeyronie's - Iontophoresis</a>	<a href="#">MyPeyronie's - Topical Verapamil</a>

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# Peyronie's Surgery

## Plication

## Grafting

## Penile Implant

<b>How</b>	Tissues on the outer side of the penis bend is pinched together, shortening the long side of the penis	Replacing or expanding scarred penile tissue with healthy one (grafts), lengthening the penis shorter side	Bendable or inflatable plastic cylinder (penile prosthesis) permanently inserted inside the penis
<b>Administered By</b>	Experienced Peyronie's Surgeon	Experienced Peyronie's Surgeon	Experienced Peyronie's Surgeon
<b>Pros (Benefits)</b>	Simply procedure, normally only local anesthesia required	Less risk of penile shortening than plication, better result for the more severe cases	Allows men with erectile dysfunction to achieve rigid erection on demand
<b>Cons (Downside)</b>	Biggest downside penile shortening. Also costly	Biggest downside increased risk of erectile dysfunction and / or impotence. Also costly	Implants do not last for ever. The most expensive treatment option
<b>Side Effects</b>	Various, including impotence, penile shortening, palpable penis lumps, loss of penile elasticity / sensation	Various including impotence, loss of elasticity, mild reduction in sensitivity, scar around the graft, penile shortening	Include infection, implant malfunction, device migration/erosion, sizing issues, auto inflation, decreased sensation
<b>Health Risk</b>	All surgery includes some risk but no major complications associated with the plication procedure	All surgery includes some risk but no major complications associated with the grafting procedure as such	All surgery includes some risk but no major complications been reported. Bear in mind, irreversible operation
<b>Possible Result</b>	Good results in straightening bent penis and improving sexual function. High patient satisfaction	Good cosmetic results but LT concerns about curvature recurrence and ED Low LT patient satisfaction	Good reports on erection on demand and straightening of penis. High patient satisfaction
<b>Scientific Support</b>	Most confirm good cosmetic results and acceptable functional LT success rate, also confirm risk and side effects	Most confirm good cosmetic results but also risk and side effects and low LT patient satisfaction	Confirm good results for men with PD and erectile dysfunction, also confirm risk and side effects
<b>Suitable Candidates</b>	Men with good erectile function, simple curvature, adequate stretched penis length and no narrowing deformity	Men with good erectile function, severe penis curvature / deformity and short stretched penile length	Men with erectile dysfunction that has not been able to treat successfully with other ED treatments
<b>Personal Opinion</b>	Surgery is the last PD treatment I would try but then would try the one most suitable for my Peyronie's condition	Surgery is the last PD treatment I would try but then would try the one most suitable for my Peyronie's condition	Surgery is the last PD treatment I would try but then would try the one most suitable for my Peyronie's condition
<b>Cost</b>	E	E	E
<b>More Information</b>	<a href="#">My Peyronie's - Plication</a>	<a href="#">My Peyronie's - Grafting</a>	<a href="#">My Peyronie's - Penile Implant</a>