# Peyronie's Oral Medication Treatment Comparison

**Carnitine**
- **How**: Oral 1 gram twice a day for 3 months
- **OTC / Prescription**: OTC
- **Pros (Benefits)**: Low cost (3 mths only) Mild side effects OTC
- **Cons (Downside)**: Can affect other medication Notable side effects
- **Side Effects**: Mild
- **Health Risk**: Men with some illnesses must take extra care
- **Possible Result**: Shown some inconsistent result in the early phase
- **Scientific Support**: Some - show conflicting conclusions
- **Personal Opinion**: Would consider using it but with other treatment options
- **Estimated Cost**: A
- **More Information**: My Peyronies - Carnitine

**Colchicine**
- **How**: Oral 2.4 mg per day from week 2 Up to max 3 months
- **OTC / Prescription**: Prescription
- **Pros (Benefits)**: Low cost (3 mths only) Available as generic
- **Cons (Downside)**: Can affect other medication Notable side effects
- **Side Effects**: Mild
- **Health Risk**: Men with some illnesses must take extra care
- **Possible Result**: Inconclusive evidence for efficacy, may be better result in early PD phase
- **Scientific Support**: Some - but conclusions conflicting
- **Personal Opinion**: Would consider using it but with other treatment options
- **Estimated Cost**: B
- **More Information**: My Peyronies - Colchicine

**L-Arginine**
- **How**: Oral 1 gram Twice daily
- **OTC / Prescription**: Prescription
- **Pros (Benefits)**: Low cost Mild side effects
- **Cons (Downside)**: Can affect other medication including Viagra
- **Side Effects**: Mild
- **Health Risk**: Men with some illnesses must take extra care
- **Possible Result**: May help with erectile dysfunction
- **Scientific Support**: Clinical trials have shown no evidence of effect on PD but some on erection quality
- **Personal Opinion**: Would consider using it if dealing with ED or low quality erection
- **Estimated Cost**: C
- **More Information**: My Peyronies - L-Arginine

**Pentoxifylline**
- **How**: Oral 400 mg 3 times a day
- **OTC / Prescription**: Prescription
- **Pros (Benefits)**: Low cost Available as generic
- **Cons (Downside)**: Can affect other medication including Ibuprofen
- **Side Effects**: Mild
- **Health Risk**: Men with some illnesses must take extra care
- **Possible Result**: Some indication that may reduce calcification of plaque and improve penis curvature
- **Scientific Support**: Some - modest but statistically significant improvement
- **Personal Opinion**: Would consider using it most likely with some other treatment option
- **Estimated Cost**: D
- **More Information**: My Peyronies - Pentoxifylline

**Potaba**
- **How**: Oral 12 grams 6 tablets 4 times a day
- **OTC / Prescription**: Prescription
- **Pros (Benefits)**: Low cost Available as generic
- **Cons (Downside)**: Can affect other medication Frequent dosage
- **Side Effects**: Mild
- **Health Risk**: Men with some illnesses must take extra care
- **Possible Result**: May help stabilize the disease and reduce plaque
- **Scientific Support**: Study confirms that may work on part of Peyronie's symptoms
- **Personal Opinion**: Would consider using it if dealing with ED or low quality erection
- **Estimated Cost**: E
- **More Information**: My Peyronies - Potaba

**Tamoxifen**
- **How**: Oral 20 mg twice a day Recomm. for 3 months only
- **OTC / Prescription**: Prescription
- **Pros (Benefits)**: Low cost Available as generic
- **Cons (Downside)**: Can affect other medication Possible health risk
- **Side Effects**: Mild
- **Health Risk**: Men with some illnesses must take extra care
- **Possible Result**: Inconclusive evidence for efficacy
- **Scientific Support**: Some - but do not show convincing evidence for effectiveness for PD
- **Personal Opinion**: Would not use it, can't see the benefits outweighing the possible health risk
- **Estimated Cost**: F
- **More Information**: My Peyronies - Tamoxifen

**Vitamin E**
- **How**: Oral 400 IU daily
- **OTC / Prescription**: OTC
- **Pros (Benefits)**: Low cost Available as generic
- **Cons (Downside)**: Can affect other medication Possible health risk
- **Side Effects**: Mild
- **Health Risk**: Men with some illnesses must take extra care
- **Possible Result**: Not shown to improve any symptoms of Peyronie's
- **Scientific Support**: No convincing evidence that works on any Peyronie's symptoms
- **Personal Opinion**: Many take it on "what can it hurt" basis but seems pointless / waste of money
- **Estimated Cost**: A
- **More Information**: My Peyronies - Vitamin E